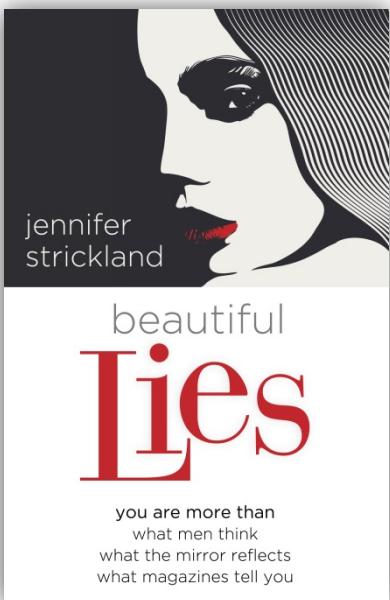


Former Professional Model, Jennifer Strickland, Reveals Five Lies That Distort Women's Beauty and Worth



At twenty-one, Jennifer Strickland appeared to have it all. Her journey towards modeling began at age eight when her mother enrolled her in a Cinderella class at a local charm school. At the age of seventeen, she was signed by a legendary empress of the West Coast modeling world and went on to promote Oil of Olay, Eddie Bauer and Jordache and graced the pages of Glamour, Seventeen, Cosmopolitan and Vogue. Upon graduating college, she signed with an Italian agent and was headed to Milan and a life of allure, fame and promise as a runway model.

She seemed to have it all, but fifteen years in the most glamorized industry in the world landed Jennifer on Giorgio Armani's runway one month and trying to kill herself the next. Anorexia, drugs, and being treated like "a thing in a world of things" left her wondering where on earth to turn for her true reflection.

In *Beautiful Lies*, Jennifer Strickland debunks five damaging lies that many young women believe and instead reveals five truths that will heal today's lost and confused generation. Strickland has dedicated her life to telling the truth: that when women turn away from the mirrors of the world and look into the never-changing mirror of the Word, their beauty, purpose, and identity become crystal clear.

By sharing her personal story along with Scripture that proves God's true hopes and dreams for his daughters, she shows:

- We struggle for approval from men, but the only approval that will ever matter is God's
- Your body is a holy temple, no matter how you have abused it in the past
- You have purpose, you are God's representative in this world

Lies can be pretty, but truth is beautiful. In *Beautiful Lies*, Strickland gives women the truth they need to grow as a daughter of God reflecting his view of real beauty, worth and purpose.

"You are more than what men think; what the mirror reflects; what the magazines tell you. You are more than the mask you wear and the many faces of the media. You are a daughter, a creation, a temple, a light, an ambassador, called into a dark world as a living stone, reflecting the face of God who made you."

—Jennifer Strickland

About the Author

Jennifer Strickland is a blessed wife, grateful mother of three, gifted speaker, and former professional model. She once appeared in *Glamour* and *Vogue* and walked the runways of Europe, but since leaving the modeling industry she has devoted her life to restoring the beauty and value of women. UR More, a ministry Jennifer started with her husband, Shane, is devoted to restoring the value of women one girl at a time. To learn more about Jennifer, visit www.jenniferstrickland.net



Interview Questions

- You started modeling at the age of seventeen, did you encounter negative experiences in the early days of modeling?
- Many people look at models and can't imagine their lives being anything but perfect. What is the world of modeling really like?
- Your parents were supportive of your career. Did they have any idea what you were going through?
- Many women search for their worth in men. Why is this so dangerous?
- You point out in the book that a woman's relationship with her father is one of the most important factors in her life. Why is this?
- Where does pride in external beauty begin? How can we counteract this?
- Why do so many women battle with their reflection in the mirror? How does God want us to see ourselves?
- How does God want us to see ourselves?
- The Bible tells us that our bodies are a holy temple. What if a woman has abused her body in the past? Does this still apply?
- The world puts a lot of emphasis on outward image. How can this be damaging for women?
- You point out that many girls over sexualize themselves on their social media accounts. What other kinds of danger does social media pose to young women?
- How can women be ambassadors of God to others?

Possible Discussion Topics

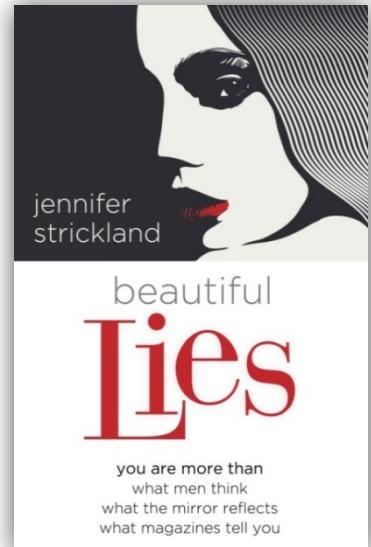
- 5 Lies Women Believe
 - * You Are What Man Thinks of You
 - * You Are What You See in the Mirror
 - * You Are What Magazines Tell You
 - * You Are the Mask You Wear
 - * You Are Mastered by the Media
- God's Vision for His Daughters

*To walk as one who knows she belongs to God and is loved by him.
To know that he is well pleased with you, even before you've done a single thing right.*
- 3 Lies Magazines Tell Us
 - * You are not enough the way you are.
 - * You are the master of your body.
 - * Your flesh is your value, but your flesh has no value.
- How to Shatter Our Masks

How getting real and unmasking our pain can lead to healing.
- The Dangers of Social Media for Young Women

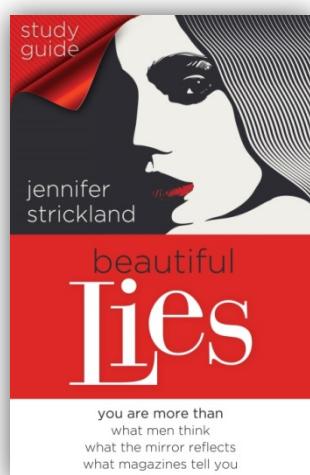
Every girl wants to be a star. To have people gaze at their image and ooh and aah. Social media sites give girls that opportunity. They can post pictures of themselves where everyone can comment or "Like" what they see.
- Avoid Being Mastered by the Media

How "screens" can separate us from people and distract us from living fully in the moment.



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5½ x 8½ Trade
192 pgs.



ALSO AVAILABLE

Women who desire to go deeper in their study can do so with the help of this growth and study guide. Building on the principles in Jennifer Strickland's book *Beautiful Lies*, individuals as well as small groups and Bible studies will learn the truth of their identity in Christ.

ISBN: 978-0-7369-5626-0
September 2013 Release
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