Whether or not we admit it, recognize it, or attempt to turn our back on it, a spiritual war rages all around us. And, according to one best-selling author and speaker, like it or not, we're all in it and have to fight on a daily basis, because the enemy never has a good day or feels kindly toward you.

“Far too many believers are being knocked around by the enemy of their soul and their life, but they believe bad things happen to them because that’s the way life is,” says Stormie Omartian, author of the new book, Prayer Warrior. “They are not actively engaged in the war, even though they are on the receiving end of the consequences of that war. They are completely uninformed about how to do battle.”

While she has written several best-sellers on the topic of prayer, Omartian has not talked about being a prayer warrior prior to her new release, instead focusing on teaching people a reliable and consistent way to bring their prayers before God. But, as more and more people approached her and said that they were prayer warriors, too, she discovered that there is an army of warriors out there far greater than most people realize.

“If you are a believer, then there is a call on your life to be a prayer warrior,” says Omartian. “We see the world growing darker day by day as evil is exalted and spreading like wildfire. Our army of prayer warriors must increase in numbers and strength.”

Omartian defines a prayer warrior as someone who has a heart of compassion for suffering people in bad situations and who wants to make a difference in prayer. She exhorts believers that before starting down the path of becoming a prayer warrior, it’s critical to first know the Commander, God, and then recognize and understand who the real enemy is—Satan. A prayer warrior must also be confident of their authority in prayer as well as stay in top spiritual condition by spending time in prayer, living a life that pleases God, loving others, and producing the fruit of the spirit, among other things. Prayer warriors must also protect themselves by putting on the full armor of God, including the breast plate of righteousness, the shield of faith, and the sword of the spirit.

“The reason we must put on the whole armor of God is to withstand evil,” says Omartian. “We don’t war against people but a spiritual hierarchy of invisible power. We also must be skilled with our spiritual weapons, which include the reading of God’s Word and spending time in praise and worship, which the enemy can’t stand.”

Omartian also discusses the battlefields often under enemy attack—including the mind, our children’s lives, and our marriages—as well as how we can resist the enemy by submitting to God.

“We have to pray every day about whatever must be covered,” says Omartian. “And, because the source of all our power in prayer is the Lord, if we are not spending time with Him in prayer, than we are losing power. We can’t afford to lose power with so formidable an enemy opposing all that God wants to do in us, through us, and around us.”
**MEET STORMIE OMARTIAN**

**Stormie Omartian** is a bestselling author who personally connects with readers by sharing experiences and lessons that powerfully illustrate how God changes lives when we learn to trust in Him, live His way, seek His will, and follow His lead no matter what the circumstances.

The strength and transparency of Stormie Omartian's message has driven her books to the top of bestselling lists and earned many prestigious awards. More than twelve million copies of *The Power of a Praying* series, which includes such books as *The Power of a Praying® Wife*, *The Power of a Praying® Parent*, *The Power of a Praying® Husband*, *The Power of a Praying® Woman*, *The Power of a Praying™ Teen* and *The Power of a Praying Kid* have been sold. In May 2002, *The Power of a Praying® Wife* broke a 21-year industry record by claiming the number one spot on the CBA Marketplace bestsellers list for 27 consecutive months. It has stayed on the bestseller's list for over 9 years. In 1998, it was named a Gold Medallion Finalist and in 2001, 2002, and 2003, for an unprecedented three years in a row, it was named a finalist for The Charles "Kip" Jordan Christian Book of the Year Award. *The Power of a Praying® Husband* spent 32 consecutive months on the CBA Marketplace bestsellers list—also reaching the number one position—was honored in 2002 with a Gold Medallion Award. Omartian's other bestselling books are *Stormie, Just Enough Light for the Step I'm On*, *The Prayer That Changes Everything™*, and her children's book, *What Happens When I Talk to God?*

A sought-after media guest, Omartian has been interviewed numerous times on *The 700 Club* and many other national programs aired on the LeSea Broadcasting Network, Christian Television Network, Cornerstone Television, Inspirational Network, The Lutheran Hour Ministries Network, Moody Broadcasting Network, IRN/USA Radio Network, American Family Radio Network, and WVCY Radio Network. She has also been featured in publications such as *USA Today, Shine, Profile, Publishers Weekly, Today's Christian Woman,* and *Marriage Partnership*.

As a young singer, dancer, and actress, Omartian appeared on *The Dean Martin Show, The Glen Campbell Show, The Mac Davis Show, The Smothers Brothers Comedy Hour,* and many other variety shows. She also sang backup for Glen Campbell, Neil Diamond, The Imperials, and other well-known artists. Omartian and her husband, Michael, have written hundreds of songs, including the Christian musical, *Child of the Promise*. They have also complied a praise and worship CD, also called *The Prayer That Changes Everything*, released by Integrity Music. The Omartians have been married for more than 39 years and have two adult children.

INTERVIEW QUESTIONS

- Stormie, you have written many, many books about prayer over the years. But, you haven’t talked about being a prayer warrior before. Why now?

- The Bible teaches, as do you, that a spiritual war is raging all around us. What do you say to the person who doesn’t want to engage in that war or feels others are more qualified?

- How do you define a prayer warrior?

- What do you think people are missing about prayer?

- How can believers who maybe have never had much of a prayer life begin to develop this discipline?

- What do you say to the believer who says that she does not have the gift of prayer that it’s for someone else?

- How do you get in top condition spiritually?

- How do we acknowledge God’s call to holiness?

- What does it mean to put on the full armor of God?

- If we just dedicate ourselves more to prayer, is it possible to avoid bad things?

- What does the Bible mean when it says to “pray without ceasing?”

- What weapons has God given us to use against the enemy?

- You write that praise and worship is the purest form of prayer. Can you explain this?

- What does it mean to be not just armed for battle but engaged?

- What are the two main truths about praying as a prayer warrior?

- What are the three battlefields of life that the enemy often hits and need protection with prayer?

- You share a story about your daughter in the book in which you both saw the amazing power of prayer. Can you share that with us?

- How have you experienced spiritual warfare in your life?

- How can Christians best protect themselves in times of spiritual battle?

- How have you specifically seen prayer answered in your own life?

- Are we responsible when bad things happen that we didn’t pray about?
INTERVIEW TOPICS FOR STORMIE OMARTIAN

Becoming a Prayer Warrior
If your idea of a prayer warrior is only someone who spends hours on their knees every day, you would be wrong. In fact, God calls all believers to be prayer warriors, and it’s not as scary as you think. In this interview, Stormie defines what it means to be a prayer warrior, why we must fulfill our calling, and how we can take steps toward developing a stronger prayer life.

Putting on the Armor: 6 Pieces of Equipment You Need in the Battle
When a soldier prepares for battle, he puts on protective gear to help stay alive. In the same way, as we face the daily spiritual war going on around us, God has provided us with the equipment to stand strong against the enemy. In this interview, Stormie will explain what it means to put on the breastplate of righteousness, the helmet of salvation, the sword of the spirit, and more. She’ll detail what the Bible teaches about each piece of equipment and why we must not go into battle without them.

Your Handbook for Battle: Employing Spiritual Weapons
Many Christians are familiar with the biblical passage on putting on the full armor of God. But, did you know He has also given us weapons to use in the fight? From His Word to praise and worship, these tools are necessary for victory. In this interview, Stormie will share the value in Scripture memorization, why the enemy detests hearing worship, why fasting is an important spiritual discipline, and how the grace of God serves as a weapon.

When the Enemy Attacks: How to Protect Your Mind, Your Children, and Your Marriage
Battlefields are all around us, because as Stormie teaches, the battlefield is always where you’re praying. It could be your health, family relationships, finances, or something related to your job. In this interview, Stormie shares about three major battlefields that the enemy loves to attack—your mind, the lives of your children, and your marriage—and how to fight these battles through prayer. Your listeners will be especially drawn to Stormie’s powerful personal story of how the Lord saved her daughter from what could have been a deadly attack, because of the power of prayer.

Get off the Sidelines and Engage in the War
It’s one thing to read about and talk about prayer, but if you don’t push the “start” button, you’ll never experience its power. By engaging in the war, we demonstrate that we recognize a war is going on and that God has called us to prayer. In this interview, Stormie will discuss two main truths about praying as a prayer warrior, what it means to get engaged in the war, and how our prayers may play a critical role in situations that we never even know about.