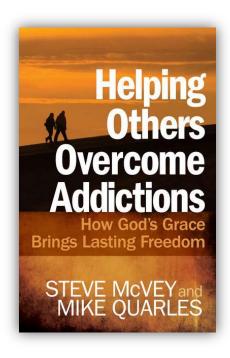
## What the 12-Step Programs are Missing



Did you know that of the 23.5 million drug addicts in the U.S. in 2008, only 2.6 million, or 11%, received treatment? With such a small number of addicts reaching out for help, it is not surprising to learn that 74% of addicted Americans are ashamed to talk about their addiction with their family.

Author and longtime pastor Mike Quarles knows these statistics all too well. During his eight year battle with alcoholism, he not only reached out for help, but *tried* every treatment imaginable. He looked to Christian and secular counselors, psychiatrists, psychologists, treatment centers, worked with five different AA sponsors, took the drug Antabuse, tried group therapy, and countless other methods...but nothing worked.

Steve McVey, pastor and bestselling author, spent years counseling those in his congregation battling addiction. Recommending the same treatments Mike had gone through, they experienced similarly poor results. Both Steve and Mike were led back to the Truth by God and His word, and finally found the missing piece to the addiction battle. Knowing that "only the Truth will set you free," Steve and Mike wrote *Helping Others Overcome Addiction*.

Those looking to effectively help others in their addictions will learn to:

- Stop the codependency cycle
- Tell those struggling with addictions who they are in Christ
- Have a ministry of grace
- Teach how they have been freed from sin
- Help them understand that freedom is their birthright from God

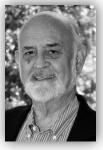
Through the reexamining of God's promises in *Helping Others Overcome Addiction*, friends and family will not learn coping mechanisms, but will learn that freedom has been provided in Christ and how to gain real and lasting victory over their addictions.

This book also includes advice for setting up recovery/support groups for those gaining freedom from addictive behavior.

**Steve McVey** is the president of Grace Walk Ministries, a discipleship-training ministry based in the southeastern U.S. He has authored the bestselling *Grace Walk* (over 250,000 sold), *Walking in the Will of God*, and *52 Lies Heard in Church Every Sunday*. He and his wife reside in Georgia.

Together with his wife, Julia, **Mike Quarles** directs Grace Walk Recovery Ministries. Out of his experience as a longtime pastor and apparently hopeless alcoholic, he now spends his life spreading the message that God has provided an answer to addiction in His Word of Truth, the Bible.

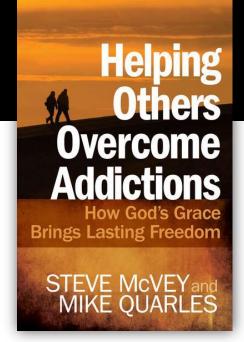






## INTERVIEW QUESTIONS

- Why do so few people find freedom from their addictions?
- Mike, you tried over 30 different treatments in helping you overcome your alcohol addiction. Tell us what they were and how they worked.
- You say the 12-Step programs are likely the best for "enabling a person to cope with a problem, but they can't set a person free from the problem." Why? What's missing in the 12-Step programs?



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- Explain how codependency with others can slow down the recovery process.
- Why does it matter that an addict knows "who they are in Christ?"
- In the book you explain the greatest spiritual warfare one can do. What is it?
- Do you think interventions are a good idea?
- What can a friend or family member of an addict expect to get out of this book?
- This book also includes advice for setting up recovery/support groups for those gaining freedom from addictive behavior. Why did you include that?
- If people want to find out more about Grace Walk ministries, where should they go for information?

