

# Kids Today Need More From Their Moms Than Ever...

In a warp-speed world that grows kids up too fast and too soon, mothering can feel like running a marathon—at a 100-meter sprint pace! Mom of four Angela Thomas is well into her second decade of running the mom race, and she knows what it takes to win. With God’s guidance and practical principles that she’s dedicated her life to putting into practice, Angela—who spent seven years as a single parent—offers hope and encouragement to those traveling the mothering road. From babyhood to adulthood, she knows what it takes to hold your kids tight in a world that seeks to tear them away from you and all you hold dear. In her new book, *52 Things Kids Need from a Mom*, she shares how to love your kids, become a marvelous mom, and become a better “you” along the way.

Perfectionist moms will find grace, stressed-out supermoms will find humanity, and exhausted children will find relief when families implement Angela’s 52 practical suggestions. As moms learn how to set the tone for their homes with consistent words, loving actions, and scripture-based standards, kids will find the freedom to make mistakes, celebrate their accomplishments, and transition through life’s changes with a healthy heart and solid sense of self.

Brimming with true stories about her own mothering journey of nurturing four unique children with four unique personalities, Angela gives moms everywhere the tools to...

- accept, welcome, and celebrate their kids—just the way they are
- overlook the little irritations and love their children like crazy
- confront their own fears and break the chain of anxiety in their children
- put spirituality first in the family
- look for their children’s strengths and champion the very best of who they can become
- believe in their children—even when it’s tough
- make certain that they always say what they mean

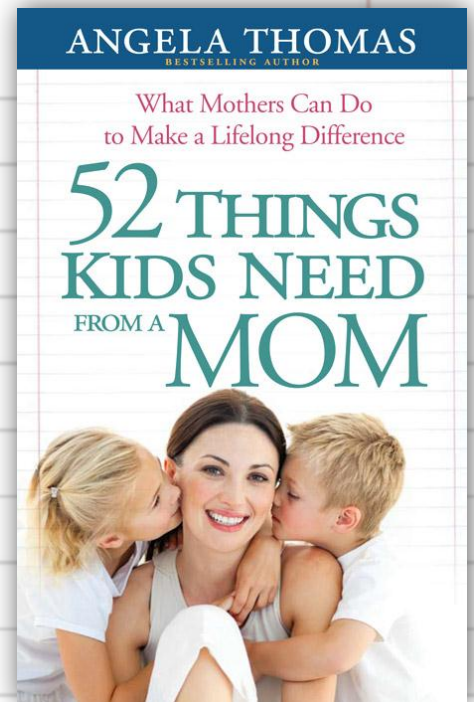
With raw honesty, engaging examples, and a heart passionate for parenting, Angela challenges moms to offer their children the ultimate in love and acceptance: “You belong. You fit. You can be exactly who God made you to be, and our family is better because you are here.”

**Angela Thomas** is a sought-after speaker, teacher, and bestselling author of *Do You Think I’m Beautiful?*, *My Single Mom Life*, *Prayers for My Baby Boy*, and *Prayers for My Baby Girl*. She inspires thousands at national conferences, workshops, and through video studies that she filmed and wrote, including *Brave: Honest Questions Women Ask*. [www.angelathomas.com](http://www.angelathomas.com)



# INTERVIEW QUESTIONS

- Kids today face pressures like never before. How can a mom love and accept her kids in a world that is full of rejection?
- You talk about letting your children “catch” you being with God. How does pursuing God in the everyday of living help you become a better mom?
- What does it mean to make grace-filled decisions? How can a mom consistently mean what she says and say what she means?
- What are the best ways a mom can see a child’s hidden qualities and help him or her to blossom?
- How can a mom know when to address a certain behavior and when to overlook it?
- Each of your own four children has a different love language! What can you tell us about learning your child’s love language and then communicating your care?
- While you stress that it’s important *not* to be a supermom, you say it *is* important to pull an occasional supermom caper. How have you done this?
- You spent seven years as a single mom. How can a single mom live for her children and for the glory of God?
- What does it mean to embrace, not judge, your child’s personality? And how can a mom learn to take no offense—especially with teenagers in the house?
- What does it mean to be a “groovy” mom? Why do kids need you to do this?
- Why should a mom be the first to forgive her kids and the first to give them no condemnation?
- How can a mom teach her children to respond to difficult people and difficult circumstances they will inevitably face? How can she best prepare her children for their adult lives?



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