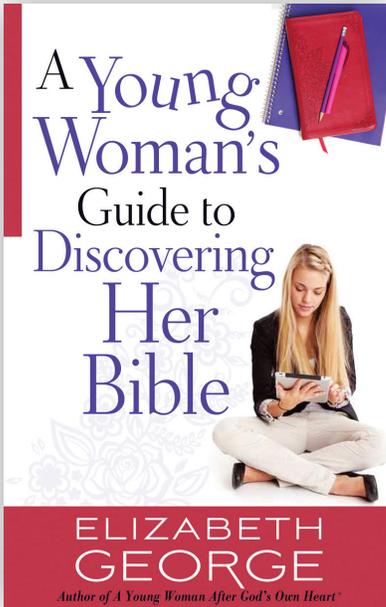


# Bible Study 101:

## There ARE Answers to the Issues a Young Woman Faces

*Elizabeth George Offers Teens a Simple and Savvy Guide to Studying the Bible*



As young women deal with so many physical and emotional changes in their tween and teen years, they often feel tremendous pressure regarding their life, relationships, and faith. They struggle with expectations from others and society as they try to make right choices. But are we forcing young women to make decisions too quickly? Where can a young woman turn when she struggles with these difficult decisions and expectations while keeping her faith in perspective? Best-selling author Elizabeth George offers guidance for young women on seeking God's will even through the chaos of life.

"Day by day, God comes to your aid with encouragement, comfort, guidelines, and wisdom for handling your difficult and stressful situations," says George, popular speaker and author of ***A Young Woman's Guide to Discovering Her Bible***. "No matter what your life situation is, God has help and answers."

Although many Christian girls are aware of the truth to be had in the Bible, the difficulty comes in understanding how to navigate the text. How can a young woman find the help and direction she needs in God's Word? Where

does she even begin? George's book offers simple but profound insights into the process.

George takes the reader step by step through the basic methods of Bible study (observe, interpret, apply), the genres of the Bible, and several of the main passages directly featuring or addressing women. With a mixture of warmth and practicality, George makes the importance of Bible study evident and the execution of it straightforward and fun.

"My goal was to make it extremely simple," says George. "I wanted the reader to 'get it'—to not hide the truth, because God doesn't hide it from us." To that end, the book provides opportunities for the reader to interact with Scripture, as well as definitions, personal applications, and a summary and one-year daily Bible reading plan in the back of the book.

"Everything a young woman needs to know is in the Bible," says George, "and 'there's nothing new under the sun,' the Scripture says. Every challenge, every abuse, every trial, every situation young women face or will run up against, God has already given them the answer—how to treat that problem, how to approach it. God's Word is the 'answer book' to all of life's problems."

**Elizabeth George**, whose books have sold more than 7 million copies, is the author of *A Woman After God's Own Heart*® (more than 1 million copies sold) and *A Young Woman After God's Own Heart*. She's also a popular speaker at Christian women's events. Elizabeth and her husband, Jim, are parents and grandparents, and have been active in ministry for more than 30 years.



# Meet Elizabeth George

Elizabeth George is a bestselling author and national speaker dedicated to helping women live a life after God's own heart. She has written over 60 books with more than 8 million copies sold. For over 30 years, her teachings and steadfast example have helped readers:

- Simplify life by focusing on God's priorities.
- Appreciate God's Word and apply it to everyday situations.
- Respond to circumstances with confidence by seeing yourself through God's loving eyes.
- Increase closeness in marriage by serving and honoring each other.
- Powerfully shape hearts of children and teenagers.
- Enjoy greater intimacy with God.

Women around the world are drawn to Elizabeth's approach of daily starting with the Bible to handle life's challenges. Her ability to weave biblical truth into everyday issues has led readers to make over 15 of her books bestsellers. Elizabeth's distinctive work, *A Woman After God's Own Heart*®, has sold over 1 million copies and received the ECPA Platinum Book Award. Likewise, her delightful book, *A Girl After God's Own Heart*, remains a treasured gift for moms and grandmothers and made the CBA Bestseller List for fourteen consecutive months.

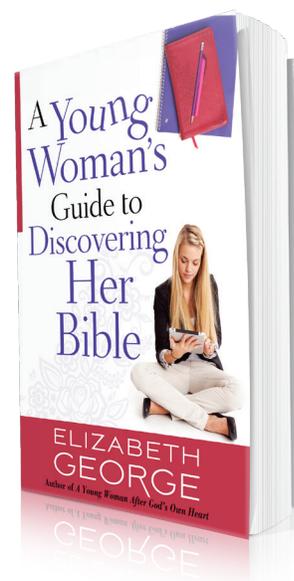
Elizabeth encourages women through her radio broadcast, "A Minute for Busy Women," featured on Christian radio stations across America. She is also a regular keynote speaker at women's conferences and retreats.

Elizabeth holds a Bachelor of Science in Education from the University of Oklahoma. In addition, she has taught in public and private schools and worked with age groups ranging from preschool to adult.

In the midst of her busy writing schedule, Elizabeth loves spending time with her husband, Jim, their two married daughters, and eight grandchildren. When she's not writing, she enjoys taking daily walks along golden sands and enjoying the beautiful Hawaiian sunsets. They reside in Honolulu, Hawaii.

# Interview Questions

- What would you tell a young woman who questions the validity of the Bible?
- How can a young woman have confidence in the Bible's relevancy to her everyday life?
- How much does a young woman need to know about Christianity and the Bible before she picks up this book? Can it assist both new Christians and those who have been believers since childhood?
- "Bible study" is a term often associated with small groups of people at church studying a particular passage or theme in Scripture. Is that the sort of "Bible study" this book covers? If not, how does it differ?
- What are the basic steps of Bible study?
- Is there a "best time" of day for Bible study?
- Why do you encourage Scripture memorization? Is it just as beneficial for teens as it is for young children?
- Why do you believe the book's structure will appeal to young women?
- Would you consider the book to have more of a how-to or devotional style—or perhaps a bit of both?
- There are three chapters titled "Finding a Role Model" (Parts 1, 2, and 3). What does it mean to find a role model in the context of Bible study?
- What does it mean to follow after God's heart in relation to Bible study?
- Why is it that different books of the Bible have to be approached differently when reading and studying them?
- Does it matter which type or translation of the Bible a young woman uses when working through this book? Which translations would you recommend for teens?
- With all the homework and activities and functions demanding a teen's time, how is it possible for a young woman to properly study God's Word?



ISBN: 978-0-7369-1781-0  
October 2014 release  
5 1/4 x 8 Trade  
224 pgs.



# Interview Topics for Elizabeth George

Here are some suggested topics you might consider for an interview with Elizabeth George:

## **(Stay Out of) Trouble**

When a young woman finds herself in trouble, it's comforting to know there is guidance and eternal wisdom in the Bible. But more than being a "go-to" when facing life's dilemmas, the Bible also teaches a person how to make wise choices right from the get-go. In this interview, Elizabeth George discusses the value of making Bible study a daily activity that leads to spiritual growth, rather than treating God's Word as merely a "disaster kit" when times get rough.

## **Not-So-Modern Issues**

Eve never had to navigate the ins and outs of dating. Queen Esther never had to deal with Facebook bullying. Martha and Mary never had to do homework, basketball practice, and planning for the senior banquet—all in one night. Yet, while the specifics of our situations have changed, the heart of the issues has not: wanting to feel loved, fit in, and make a good impression. In this interview, Elizabeth George talks about the relevancy of Scripture and offers examples of the Bible answering the questions of yesterday's and today's young women.

## **When You're Drowning in Emotions...**

Let's just be honest, ladies—women are emotional. And that's not in and of itself a bad thing! But emotions can easily drown those with no life preserver and sweep away those with no anchor. In this interview, Elizabeth George discusses ways that the Bible can keep us on an even keel, and how young women can purposefully and effectively lean on God's truth when their emotions threaten to overwhelm them.

## **Understanding the Bible—Understanding God**

Is it possible for you to know a God you can't see? Just as spending time with a friend helps you to get to know them better, spending time with God will do the same. God has given us a glimpse into His mind and heart through His Word. In this interview, Elizabeth George talks about knowing God through studying the Bible, and offers tips for going in-depth into God's Word.

## **The Perfect Model: Looking to Jesus**

Jesus came into the world to save the world, and His death and resurrection are at the core of Christianity. But before His death, Jesus also showed us what it looks like to live a life that pleases the Father. In this interview, Elizabeth George points out a very important facet of Bible study—Jesus's example, and how a young woman can learn to follow His lead by reading about His choices and actions in the Word.