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GraceLaced Seasons

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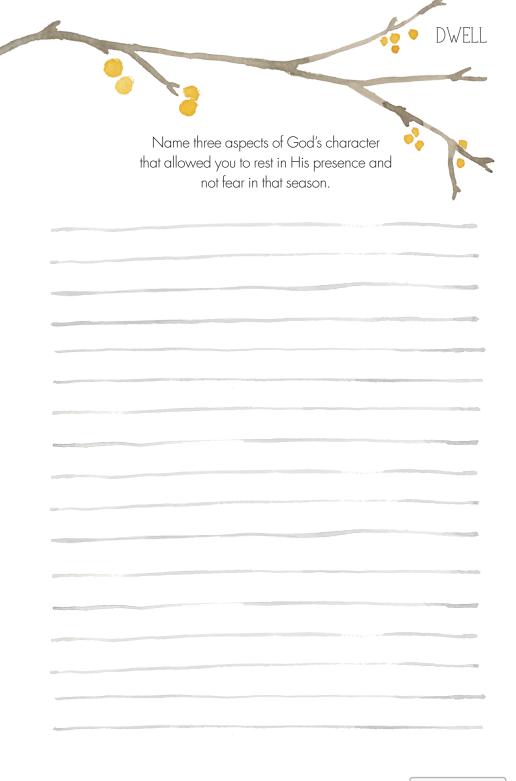
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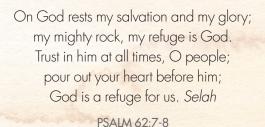


The LORD replied, "My Presence will go with you, and I will give you rest."

EXODUS 33:14 NIV

Describe a time in your life when you rested in the presence of God as your shelter, even as you walked through difficulty.





These verses tell us why we find security and rest in God and what to do in response to those truths.

What is said about our God in verse 7?

What does David, the writer of this psalm, say to do in response (verse 8)?

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Those who know your name put their trust in you, for you, O LORD, have not forsaken those who seek you.

PSAIM 9:10

If we are to trust in God, we must know who He is—which His names reveal. The Bible tells us that He is our Father, our Redeemer, our Counselor, our Friend.

Which of the names of God above (or others from the Bible) do you need to rest in right now, so that you might trust Him more?





Many are the sorrows of the wicked, but steadfast love surrounds the one who trusts in the LORD.

PSALM 32:10

We lean on the Lord and not on ourselves, and are therefore upheld by all that is of His character and not our own. Begin a list here (and keep adding to it!) declaring the steadfast love God has and continues to surround and uphold you with.



I was with you in weakness and in fear and much trembling, and my speech and my message were not in plausible words of wisdom, but in demonstration of the Spirit and of power, so that your faith might not rest in the wisdom of men but in the power of God.

1 CORINTHIANS 2:3-5

In what way do you feel insufficient today?

Paul says his insufficiency is a "demonstration of the Spirit." Describe one way that the insufficiency you feel has led you to rely on the power of God.

Pen a prayer asking the Lord to demonstrate His power through your weakness, that people around you might be convinced of His faithfulness—not as a result of your own wisdom, but of God's power.



Be strong in the Lord and in the strength of his might. Put on the whole armor of God, that you may be able to stand against the schemes of the devil. For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.

EPHESIANS 6:10-12

Let's not allow lies to ensnare us or weaken our faith, friends.

When we feel lacking or weak,

we must turn to Christ for our defense.

Write down one area of battle in your life where your strength feels inadequate for the task.

Apply the armor of God to this battle and jot down ways you can put on each of these provisions of defense:

Belt of truth

Breastplate of righteousness

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Gospel of peace as footwear
Shield of faith
Helmet of salvation
Sword of the Spirit
Prayer—praying at all times

I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. I can do all things through him who strengthens me.

PHILIPPIANS 4:12-13

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What skills or resources do you lack? What should you do when facing need?
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