

BOOK of PRAYERS

The Power of
PRAYING[®]
for Your
Adult
Children

STORMIE
OMARTIAN



HARVEST HOUSE PUBLISHERS
EUGENE, OREGON

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Published by Harvest House Publishers

Eugene, Oregon 97402

www.harvesthousepublishers.com

ISBN 978-0-7369-5794-6 (pbk.)

ISBN 978-0-7369-5795-3 (eBook)

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Printed in the United States of America

13 14 15 16 17 18 19 20 21 22 / BP-JH / 10 9 8 7 6 5 4 3 2 1

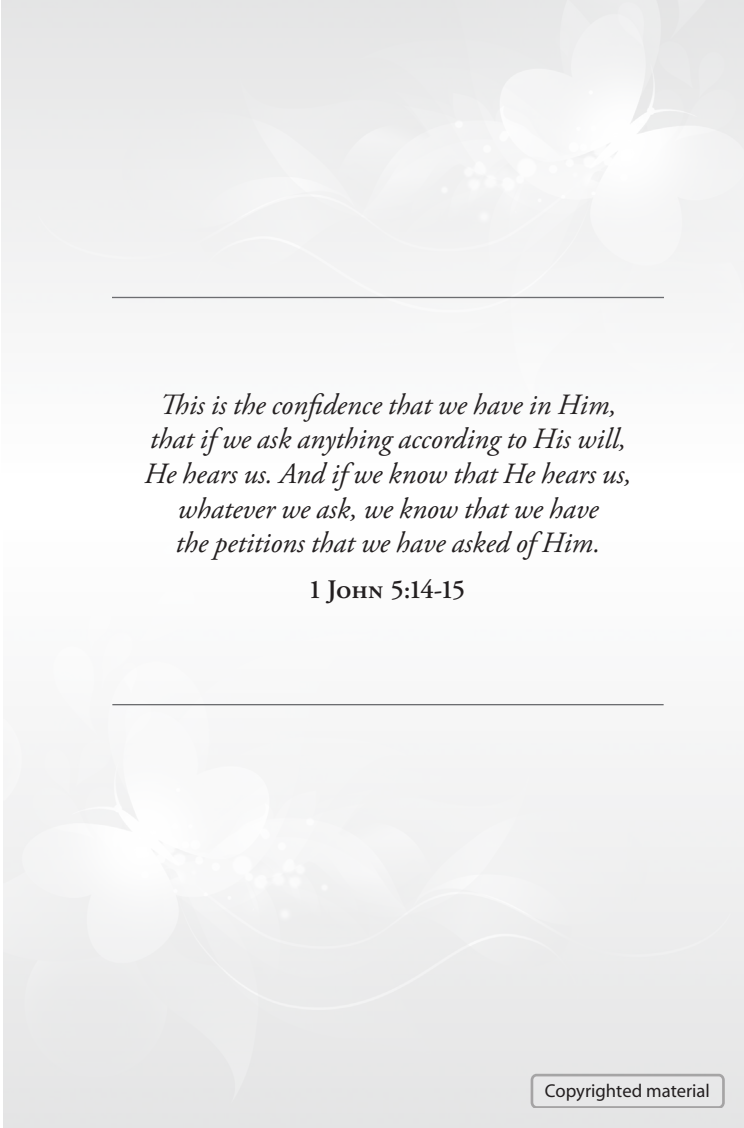
Introduction

As long as we live, we parents will always have our children on our minds and hearts. Even after they become adults, we will forever be concerned for their safety, well-being, relationship with God, and success in all they do—from their work to their health, to their friends, to their marriage relationship, to the raising of their children. Because we don't know exactly what is going on in their lives, we need a way to pray that will cover them and bring us peace in the process. I have written a book about that called *The Power of Praying for Your Adult Children*, which I passionately invite you to read as well. This little book you are holding contains some of the prayers from that book. It is small enough to carry with you so you can pray whenever your adult children come to mind.

I believe these prayers will help any parent to have a positive impact on the lives of their adult

children. I pray that each prayer will help you to find greater freedom from worry and concern because you are tapping into the power of God, which is greater than anything you or they may be facing. When we take our concerns to the Lord—trusting that God hears our prayers and answers them on behalf of our adult children—our prayers will have the power to effect change in their lives. Who among us doesn't want that?

Stormie Omartian



*This is the confidence that we have in Him,
that if we ask anything according to His will,
He hears us. And if we know that He hears us,
whatever we ask, we know that we have
the petitions that we have asked of Him.*

1 JOHN 5:14-15



What Every Parent of an Adult Child Needs to Know

Lord, I know You are the only perfect parent. Thank You for loving my adult children as much as I do. Thank You for hearing my prayers for them. Give me faith to believe and patience to wait for the answers. Help me to not blame myself for anything that goes wrong in their lives. Where I have made mistakes, I confess those to You and ask that You would redeem them all and release me from all guilt. Help me to forgive my adult children for anything they have done to hurt or disappoint me. Today I say, “For this adult child I prayed, and You, Lord, have heard my prayers and granted my petition” (1 Samuel 1:27). I give You all praise and glory.

In Jesus’ name I pray.

*Continue earnestly in prayer,
being vigilant in it with thanksgiving.*

COLOSSIANS 4:2

Prayer Notes

[illegible]



What Every Parent of an Adult Child Needs to Know

Lord, I pray You would teach me how to intercede for my adult children. Thank You that You love me and my children, and that You will hear my prayers for them. Set me free from all worry and concern I have about them so I can have peace. Thank You that Your love and power poured out in me means that my prayers for them will have power. Help me to forgive my adult children's other parent for anything I feel he or she did wrong in raising them. Help me to forgive anyone who has hurt my adult children in any way. Help me to forgive myself for any time I feel that I have not been the perfect parent.

In Jesus' name I pray.

*To Him who is able to do exceedingly abundantly
above all that we ask or think, according to the
power that works in us, to Him be glory in the
church by Christ Jesus to all generations,
forever and ever.*

EPHESIANS 3:20-21

Prayer Notes

This image shows a blank sheet of white paper with horizontal grey ruling lines. In the bottom right corner, there is a faint, light grey decorative graphic consisting of several overlapping teardrop or leaf-like shapes. The rest of the page is completely empty.



Pray That Your Adult Children Will

*See God Pour Out
His Spirit upon Them*

Lord, You have said that in the last days You will pour out Your Spirit upon all flesh. I cry out to You from the depths of my heart and ask that You would pour out Your Holy Spirit upon my adult children. Pour out Your Spirit upon me and my other family members as well. Pour out Your Spirit on all of my adult children's in-laws, both present and future. Pour out Your Spirit upon whatever difficult circumstances each of my adult children is facing. Be Lord over every part of their lives and every aspect of their beings. Speak to my adult children's hearts and help them to hear from You. Enable them to understand Your leading and direction for their lives.

In Jesus' name I pray.

It shall come to pass in the last days, says God, that I will pour out of My Spirit on all flesh; your sons and your daughters shall prophesy, your young men shall see visions, your old men shall dream dreams.

ACTS 2:17

Prayer Notes

[illegible]