

30
Days to
Becoming
a Woman
of Prayer

BOOK OF
PRAYERS

Stormie Omartian



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Introduction

IN ORDER TO HAVE a close walk with God, we need to pray. A lot! About everything! Having a close relationship with God only happens if we are praying every day and making an effort to keep His Word in our heart. When we do this consistently, we can find the freedom, wholeness, and true success God has for us. It is what we need to do in order to see our life work well. This little book of prayers was designed to help you with all that.


The prayers in this book are part of the longer prayers found in my book *30 Days to Becoming a Woman of Prayer*. I have realized—along with countless others—that having prayers ready to pray as we go about our day is very helpful in fulfilling our desire to pray more. These prayers will be a handy reminder to pray about things you might not have otherwise thought of in your busy

day. They can be an end in themselves or a starting point to more extensive prayer. In any case, they will help you to keep your life on track.

It is *my* prayer for *you* that as you pray, God will speak to your heart about things that are relevant to your life and give you revelation through His Word. Space is provided below each prayer and Scripture for you to jot down these important thoughts.

I know God will bless you every time you are with Him.

Stormie Omartian



Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened.

LUKE 11:9-10



Know Who Your Father Is

HEAVENLY FATHER, I thank You that You have given me the right to become Your child (John 1:12). Help me to live in Your love and comprehend the depth of Your care and concern for me. Take away any barrier that keeps me from fully understanding what it means to trust You as my heavenly Father. Help me to take on a family resemblance so that I have Your eyes, Your heart, and Your mind. Lord, show me any way in which I need to forgive my earthly father. Heal anything in my heart that has caused me to see You through his failings. Forgive me if I have judged Your perfection by his imperfections. Show me what I need to see, and help me to completely forgive.

*As many as received Him, to them He gave
the right to become children of God, to
those who believe in His name.*

JOHN 1:12

PRAYER NOTES

Know Who Your Father Is

THANK YOU, FATHER GOD, that when I need hope, You are my *Hope* (Psalm 71:5). When I am weak, You are my *Strength* (Isaiah 12:2). When I am weary, You are my *Resting Place* (Jeremiah 50:6). When I need freedom, You are my *Deliverer* (Psalm 70:5). When I want guidance, You are my *Counselor* (Psalm 16:7). When I need healing, You are my *Healer* (Malachi 4:2). When I seek protection, You are my *Shield* (Psalm 33:20). When I am going through a difficult time, You are my *Stronghold in the Day of Trouble* (Nahum 1:7). I am privileged and glad to receive all You have promised Your children. Thank You for being my heavenly Father and the answer to my every need.

*Behold what manner of love
the Father has bestowed on us,
that we should be called children of God!*

1 JOHN 3:1

PRAYER NOTES

Receive All Jesus Died for You to Have

LORD JESUS, I know You came “to seek and to save that which was lost” (Luke 19:10). Thank You that You saw my lost condition and have saved me for Yourself and Your purposes. Thank You that because You died for me, I have eternal life and your blood cleanses me from all sin (1 John 1:7). Now I can live free of guilt and condemnation. I believe “there is no other name under heaven” by which I could ever be saved (Acts 4:12). Thank You, Jesus, that I am a joint heir with You of all our Father God’s blessings. Thank You for reconciling me to Yourself (2 Corinthians 5:18).

*We have seen and testify that the Father
has sent the Son as Savior of the world.
Whoever confesses that Jesus is the Son of
God, God abides in him, and he in God.*

1 JOHN 4:14-15

PRAYER NOTES

Receive All Jesus Died for You to Have

LORD, thank You that I have the Holy Spirit within me and am no longer controlled by my flesh. Thank You that I have access to a life of hope, healing, power, love, freedom, fulfillment, and purpose. Help me to understand all that You accomplished on the cross. Enable me to live like the new creation You have made me to be. Help me to see my life from Your perspective. Teach me how to receive all that You died to give me. Now, whatever I do in word or deed, help me to do all in Your name, Lord Jesus, giving thanks to God the Father through You (Colossians 3:17).

*If Christ is in you, the body is dead
because of sin, but the Spirit is
life because of righteousness.*

ROMANS 8:10

PRAYER NOTES
