

LEADER'S GUIDE

How to use the *Loving God with All Your Mind DVD*

Welcome to this life-changing presentation by Elizabeth George! During the next days or weeks, as you focus together on six key Scripture passages, you and your group will be growing toward

- learning to handle emotions by focusing on what is true
- better grasping God's purpose for your life
- trusting Him in new ways and finding inner peace in your circumstances

Presentation

The *Loving God with All Your Mind DVD* is designed for use with the *Loving God with All Your Mind Interactive Workbook*. The 30-minute video sessions can fit within a 45- or 60-minute time frame, including a few minutes for introduction and 10 to 30 minutes for discussion. Then, before the next group meeting, the participants should go through the workbook material that covers the session they just viewed, prayerfully thinking through and answering the questions.

Getting Ready

Preparation:

1. Preview each session two to three days ahead.
2. Make sure the DVDs will properly play in your equipment.
3. Familiarize yourself with the pages for that session in the *Loving God with All Your Mind Interactive Workbook*.
4. For discussion, develop a few follow-up questions. The workbook has many helpful ideas. Also:
 - To begin your group time, a great warm-up question is "What have you learned since our last meeting?"

- An excellent question to conclude is “What will you take away from today’s discussion?”
5. Spend time in prayer for your group members and your time together.

During the group or class time:

- Your enthusiasm and example will inspire participants to consistently attend, openly participate in discussions, make use of their workbooks, and put what they’re learning into action.
- Keep in mind that you’re a facilitator, not a teacher. The Holy Spirit is our teacher.
- Begin and end the class or group on time.
- Encourage participants to take notes in their workbooks. This will help them remember and apply the concepts.
- During discussion, 1) don’t be afraid of silence, 2) don’t allow one person to dominate, and 3) keep the group focused on the topic.
- Remind everyone to work through the pages for that session in the interactive workbook and arrive prepared for your next group time.
- Announce the time and topic of the next session and close in prayer.

Loving God with All Your Mind DVD

By Elizabeth George

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