

# Over the Hill & on a Roll

Bob Phillips



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## **OVER THE HILL & ON A ROLL**

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## You're over the Hill When ...

You're over the hill when your feet hurt even before you get out of bed.



You're over the hill when the rock stars you used to idolize are now potbellied and gray.



You're over the hill when your gray hair isn't premature.



You're over the hill when you try to straighten out the wrinkles in your socks and discover you're not wearing any.

—*Leonard L. Knott*



You're over the hill when you realize how many people in power and authority are just winging it.



You're over the hill when you think all of your friends are showing their age . . . but not you.



You're over the hill when styles come back for the second time and you still have some left from the first time.



You're over the hill when in the morning you stand and hear the usual snap, crackle, and pop, but it isn't breakfast cereal.



You're over the hill when Medicare will pick up 80 percent of the cost of your honeymoon.



You're over the hill when you don't go out at night because your back did.



You're over the hill when your little brother starts going bald.



You're over the hill when your mind tells you to stand on your own two feet and your body tells you to stay in the recliner chair.



You're over the hill when your train of thought frequently derails.



You're over the hill when you wake up looking like the picture on your driver's license.



You're over the hill when you enter a store and totally forget what you came in for.



You're over the hill when it takes you two tries to get up from the couch.



You're over the hill when people stop saying you're looking good and start saying you're looking well.



You're over the hill when instead of walking over and changing the channel, you spend 15 minutes looking for the remote.



You're over the hill when Boy Scouts try to help you cross the street.



You're over the hill when your idea of a night out is moving the TV out to the patio.



You're over the hill when you talk about the good old days and nobody's qualified to call you a liar.



You're over the hill when you fall asleep at the theater.



You're over the hill when you refer to anyone under 40 as a kid.





You're over the hill when they light your birthday candles and the automatic air-conditioning goes on.



You're over the hill when by the time opportunity knocks, you have your hearing aid turned off.



You're over the hill when you wait in line to take the escalator to the basement floor.



You're over the hill when a senior citizen "swinging party" is where they spike the punch with Geritol.



You're over the hill when the happy hour is a nap.



You're over the hill when you start reading the ads for hemorrhoids, constipation, and hair loss remedies. Worse, you start buying the stuff.